Practice Nurse

Training

Programme

2006/7
EDUCATIONAL CONTRACT COURSES

These contract courses are available **FREE** to Practice Nurses -

**ANGLIA RUSKIN UNIVERSITY & ESSEX UNIVERSITY**

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This is not a complete list of contracted courses for 2006/7 and a small number of places will be allocated to people already on the waiting list. However I will have the opportunity from time to time to purchase extra course places. Please read through the course details before you apply by contacting me on 01992 424054 for an application form. I can also be contacted by e-mail on Joan.Skeggs@midessex-ct.nhs.uk

Due to the reduction in the Practice Nurse Contract from 2006, any Masters or Degree courses can only be purchased on a modular basis and therefore it is likely that I will only be able to purchase one module per applicant and therefore subsequent modules will need to be funded by the individual or practice.

**Joan Skeggs Practice Nurse Education Lead, North Essex**
DETAILS OF CONTRACTED COURSES 2007/8

Assessment & Management of Leg Ulceration

Lecturer: Isobel Ruckert
Contracts Officer: Hannah Pollard 0845 196 4610
Venue: TBA
Dates: September 2007 and January 2008 – Three study days

Major studies in the UK indicate that the prevalence of active leg ulceration is 0.15 – 0.18%. The implication of this is that there is an enormous cost in terms of treatments and health professional time. The personal cost to patients suffering from leg ulceration is immeasurable and it is estimated that two thirds of patients re-ulcerate within one year. During this module the students will undertake a practice placement in order to integrate theory into practice. This module will equip nurses with the knowledge and clinical skills for assessing and managing patients with leg ulceration.

Cervical Screening – Theory & Practice

Lecturer: Aine Kothari
Contracts Officer: Hannah Pollard 0845 196 4610
Venue: Chelmsford
Dates: 19/09/2007 and 09/01/2008 – Three full and two half day study days

This course will provide the skills necessary for competent and effective cervical screening. Analysis of the national screening programme, cervical screening techniques, the detection of abnormalities and epidemiological studies will be analysed to evaluate current local and national practice. An evidence-informed, women-centred approach to practice will be promoted to improve the quality and experience of service provision in this area.

After undertaking a minimum of five cervical smears under the supervision of the instructing nurse in practice, the course participant must undertake a minimum of 20 cytologically adequate smears and maintain a record of each one.

Cervical Screening – Update Workshop

Lecturer: Aine Kothari
Contracts Officer: Hannah Pollard 0845 196 4610
Venue: Chelmsford
Dates: 16/05/2007 and 10/10/2007

This single study day is designed to enable practitioners who are responsible for providing cervical cytology services to reflect on and analyse their clinical experience in the light of current thinking on cervical cytology and cervical screening issues.
Fundamentals of Consultation and Diagnostic Skills

Lecturer: Sarah Kraszewski
Contracts Officer: Hannah Pollard 0845 196 4610
Venue: Chelmsford
Dates: 13/09/2007, 15/11/2007 or 07/02/2008 Ten taught days over 20 weeks

This module offers nurses the opportunity to enhance their existing knowledge and skills through a programme that integrates theory and practice in order to acquire the competencies required to provide a same day consultation service to patients. On going support and supervision is integral to the role development as is audit, to ensure safe effective practice and to plan future development.

Family Planning and Sexual Health Update Workshop

Lecturer: Val McMunn
Contracts Officer: Hannah Pollard 0845 196 4610
Venue: Chelmsford
Dates: 26/10/2007 or 26/02/2008

This one day course theoretically updates practising family planning trained nurses. Expected outcomes are to reflect upon current developments in family planning and critically evaluate their effectiveness.

Family Planning Appreciation Workshop

Lecturer: Val McMunn
Contracts Officer: Hannah Pollard 0845 196 4610
Venue: Chelmsford
Dates: 24/01/2008 and 25/01/2008 – Two consecutive study days

This course is available for any personnel who are giving advice regarding contraception and sexual health to clients.

Issues in Contraception and Reproductive Sexual Health

Lecturer: Val McMunn
Contracts Officer: Hannah Pollard 0845 196 4610
Venue: Chelmsford
Dates: 09/07/2007 or 17/01/2008 – Pre course days in January and July

This module enables participants to explore and gain an understanding of all methods of contraception, gain insight into sexually transmitted diseases and the impact of sexuality on the individual, family and society. The module is designed to introduce and develop an understanding of contraceptive and sexual health care.
Practice in Contraception and Reproductive Sexual Health

Lecturer: Val McMunn  
Contracts Officer: Hannah Pollard 0845 196 4610  
Venue: Chelmsford  
Dates: 2 intakes a year in November and March

This module is designed to develop the practitioner in clinical skills required to work as a contraceptive care nurse and can only be accessed by nurses who have completed the “Issues in Contraceptive and Sexual Reproductive Health” module. Students will be required to complete a skill inventory in order to demonstrate achievement of the learning outcomes and clinical expertise. This should be supported by evidence from the reflective diary and learning contract within the portfolio of learning.

Introduction to Primary Health Care Nursing Course

Lecturer: Sarah Kraszewski  
Contracts Officer: Hannah Pollard 0845 196 4610  
Venue: Chelmsford  
Dates: 27/09/2007 or 21/02/2008 – One day per fortnight over 12 weeks

Nurses and AHP new to, or wishing to work in work in Primary Healthcare require a structured and supported entry into nursing in the community. This module aims to prepare nurses and professions allied to medicine to work within the primary healthcare team through taught theoretical and clinical sessions and through the clinical placement.

Management of Individuals with Long Term Medical Conditions

Lecturer: Patricia Brown  
Contracts Officer: Margaret Parker 0845 196 4608  
Venue: Chelmsford  
Dates: 31/01/2008

The Department of Health recognises the difficulties that face people with long term conditions and their carers face. Therefore the individual with a single or multi-pathology illness requires excellent multi-professional healthcare. The utilisation of evidence based practice and an in depth knowledge of the holistic aspects of long term illness will enable the practitioner to develop and extend those skills required to provide the care.

Mentorship Update Workshop (998 Update)

Lecturer: Sue Soper  
Contracts Officer: Miriam Murphy 0845 196 4076  
Venue: Various  
Dates: To be confirmed
It is essential for all nurses and midwives to attend an annual update to retain the role of an identified practice assessor. Expected outcomes are to update knowledge concerning teaching, learning and assessing practice outcomes and to develop an understanding of contemporary professional educational developments including Inquiry Based Learning.

Management of patients with Coronary Heart Disease

Lecturer: Abhi Dhanno
Contracts Officer: Margaret Parker 0845 196 4608
Venue: Chelmsford
Dates: 04/09/2007

Inevitably, the nature of Coronary Heart Disease imposes a great demand on the Cardiac Care practitioners for specialist knowledge and skills. This module which reflects the philosophy and vision of the National Service Framework for CHD will enable the practitioners to have the pertinent and contemporary knowledge and skills to deliver high quality care competently to the patients with CHD.

Management of patients with Hypertension

Lecturer: Danny Ally
Contracts Officer: Miriam Murphy 0845 196 4076
Venue: Chelmsford
Dates: To be confirmed

This module will equip the health care practitioner with the relevant in-depth knowledge to effectively manage the care of the person with hypertension. In addition, the module will also assist the Practice Nurse to manage the clinic for persons with hypertension. The learning outcomes are assessed via a care study.

MSc Advanced Practice in Health & Social Care

Lecturer: Belinda Watts
Contracts Officer: Hannah Pollard 0845 196 4610
Venue: Chelmsford
Dates: February 2008

The aim of the award is to enable practitioners to develop their knowledge and extend and advance their practice to achieve mastery, to meet the increasing complex demands within the health and social care arena.
Therapeutic Interventions in Diabetic Management

Lecturer: Danny Ally  
Contracts Officer: Margaret Parker 0845 196 4608  
Venue: Basildon  Colchester  Chelmsford  

This module is designed for practitioners currently employed in an area either in a hospital or community setting, where Diabetes Mellitus care forms a significant part of the workload. The learning outcomes are assessed by an essay.